

# Shady Lawn Nursing and Rehab

# November 2022 Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>1</b> 9am- Morning Stretches 10am- Group One Bingo 1pm- Porch Tunes 2pm- Group Two Bingo 3pm- Chair Yoga	<b>2</b> 9am- Morning Stretches 10am- Letter Writing 1pm- Fancy Nails 2pm- Colouring For The Soul 4pm- Comedy Hour	<b>3</b> 9am-Morning Stretches 10am- Group One Bingo 11am- Karaoke 1pm- Porch Tunes 2pm- Group Two Bingo 3pm- Chair Yoga	<b>4</b> 9am- Morning Stretches 10am- "Guess That Oldie Song" game 1pm- Expressive Paint To Music 3pm- Movie Night & Popcorn!	<b>5</b> NATIONAL DONUT DAY! 8:30am- Coffee and Donut Social! 9am - Chair Zumba 1pm- Independent Meditation
<b>6</b> DAYLIGHT SAVINGS ENDS 9am- Morning Stretches 10am- Morning Worship 10:30am-Group Bible Study 1pm-Movie Time 3pm-Independent Meditation	<b>7</b> 9am- Morning Stretches 10am- Making Compliment Cards For World Kindness Day 1pm-Cornhole Tournament 3pm-Colouring For The Soul	<b>8</b> 9am- Morning Stretches 10am- Group One Bingo 1pm-Porch Tunes 2pm-Group Two Bingo 3pm-Resident Council	<b>9</b> 9am- Morning Stretches 10am-Letter Writing 1pm-Fancy Nails 2pm-Making Floral Pens For World Kindness Day 4pm-Comedy Hour	<b>10</b> NATIONAL VANILLA CUPCAKE DAY! 10am- Group One Bingo 11am-Karaoke 2pm-Group Two Bingo 3pm- Vanilla Cupcake & Lemonade Party!	<b>11</b> VETERANS DAY 9am- Morning Stretches 10am- Group Patriotic Art 1pm- Honor Our Veterans 3pm-Movie Night & Popcorn!	<b>12</b> 9am- Morning Stretches 1pm-Independent Meditation 3pm- Card Games
<b>13</b> WORLD KINDNESS DAY! 9am-Morning Stretches 10am-Morning Worship 10:30am-Group Bible Study 1pm-Movie Time 3pm-Independent Meditation	<b>14</b> NATIONAL PICKLE DAY! 9am-Morning Stretches 10am-Ball Toss 1pm- Pickle Taste Test Party! 3pm-Comedy Hour	<b>15</b> 9am- Morning Stretches 10am- Group One Bingo 1pm-Porch Tunes 2pm-Group Two Bingo 3pm-Chair Yoga	<b>16</b> 9am- Morning Stretches 10am- Letter Writing 1pm-Fancy Nails 2pm-Colouring For The Soul 4pm-Comedy Hour	<b>17</b> NATIONAL HOMEMADE BREAD DAY 9am- Morning Stretches 10am- Group One Bingo 10:30am-Bake Bread 2pm-Group Two Bingo 3pm- Eat Homemade Bread and enjoy Lemonade!	<b>18</b> 9am- Morning Stretches 11am-Karaoke 1pm-Expressive Paint To Music 3pm-Movie Night & Popcorn!	<b>19</b> NATIONAL PLAY MONOPOLY DAY! 9am-Morning Stretches 10am- Play Monopoly! 3pm-Independent Meditation
<b>20</b> 9am- Morning Stretches 10am-Morning Worship 10:30am-Group Bible Study 1pm-Movie Time 3pm-Independent Meditation	<b>21</b> 9am-Morning Stretches 10am-Chair Zumba 1pm-Bowling Game 3pm-Colouring For The Soul	<b>22</b> 9am- morning stretches 10am- Group One Bingo 1pm-Porch Tunes 2pm-Group Two Bingo 3pm-Chair Yoga	<b>23</b> NATIONAL JUKEBOX DAY! 9am- Morning Stretches 10am-Letter Writing and Jukebox Music 2pm-THANKSGIVING PARTY! 4PM-Comedy Hour	<b>24</b> THANKSGIVING DAY 9am-Morning Stretches 10am-Chair Zumba 1pm-Thanksgiving Dinner 3pm- Comedy Hour	<b>25</b> 9am-Morning Stretches 11am-Karaoke 1pm- Expressive Paint To Music 3pm-Movie Night & Popcorn!	<b>26</b> 9am- Morning Stretches 1pm-Balloon Toss 3pm-Card Games 4pm-Independent Meditation
<b>27</b> 9am- Morning Stretches 10am-Morning Worship 10:30am-Group Bible Study 1pm-Movie Time 3pm-Independent Meditation	<b>28</b> NATIONAL FRENCH TOAST DAY! 9am- Morning Stretches 10am-Chair Zumba 1pm-Cornhole Tournament 3pm-Comedy Hour	<b>29</b> 9am- Morning Stretches 10am- Group One Bingo 1pm-Porch Tunes 2pm-Group Two Bingo 3pm-Chair Yoga	<b>30</b> 9am- Morning Stretches 10am-Letter Writing 1pm-Fancy Nails 2pm-Colouring For The Soul 3pm-Comedy Hour			